



Career in Psychology:

Exploring the Depths of Human Mind & Behaviour



Top Colleges:

India

Duration: 3 Years
 Fee : Rs.2.5 Lakh Per Annum - 4 Lakh Per Annum
 • Ferguson College, Pune
 • Christ University
 • Jamia Millia Islamia
 • Mount Carmel College
 • Manipal College of Health Profession

USA

Duration: 4 Years
 Fee per course/annum: -
 • Stanford University
 • University of California - Berkeley
 • Harvard University
 • University of California - Los Angeles

UK

Duration: 3 - 4 Years
 (Honours Courses are 4 years)
 Fee per course/annum: Rs.10 - Rs.21 Lakh Per Annum.
 • University of Bath
 • University of St Andrews
 • University of Cambridge
 • University of Oxford

Canada

Duration: 4 Years
 Fee per course/annum: Rs.11 - 30 Lakh Per Annum
 • University of British Columbia
 • University of Toronto
 • McGill University
 • Queen's University

Who is a Psychologist?

The study of various mental processes and human behaviour is called psychology and the people who pursue and work on this subject are called psychologists. They study to understand various human emotions, behavioural patterns, and reactions to diagnose what the problem is and also to come up with the proper course of treatment. They also treat patients with chronic mental disorders, abuse trauma, drug abuse trauma, and so on. Unlike medical treatments that focus on medicines, their treatments include a lot of therapy sessions and counselling along with medicines to help the patients fight the mental disorder in the long term. Observing, analysing and experimenting is one of the most important features of their job profiles. Their patients' age can range from children to senior citizens.

Career Prospects

- **Organizational/ Industrial Psychologist:** These psychologists are hired by businesses and companies. Their role is to assess the workforce and suggest ways to improve their efficiency.
- **Career Counselor:** These counselors help students who are deciding their career. They scale and analyze the student's skills, interests, knowledge, economic situation, aptitude, and so on to suggest the perfect career option for them.
- **Forensic Psychologist:** These psychologists play a very vital role in a police investigation. They can be either hired by the government or maybe private psychologists helping the police.
- **Clinical Psychologist:** These psychologists work in hospitals or other medical organizations. They access patients with various emotional or mental disorders. There are a lot of specializations under this that one can opt for. They also deal with people coping with post-traumatic disorders, drug abuse, or any other sort of abuse.
- **Neuropsychologist:** These psychologists deal with patients having brain injuries and nervous system problems. They study and assess the various effects these injuries have on the person's life and help to treat them to help lead a better quality of life.
- **Research and Education Teacher:** They are expected to carry out various researches and also teach students pursuing psychology.

Some more job roles are:

- | | | | |
|-----------------------------------|-----------------------------|-----------|-------------------------------|
| • Staff Trainer and Developer | • Community Manager | • Service | • Guidance Counsellor |
| • Mental Health Coordinator | • Health Educator | | • Army Psychologist |
| • Youth Counsellor | • Correctional Officer | | • Family Services Worker |
| • Recreational Therapy Officer | • Rehabilitation Counsellor | | • Child Protection Specialist |
| • Administrative Service Manager. | • Veterans Counsellor | | • Sports Psychology Professor |
| | • Probation/parole Officer | | • Social Worker |
| | | | • Rehabilitation Advisor |

Specialized Certifications for Psychology Students:

Clinical Psychology

Postgraduate Diploma in Clinical Psychology:

- Indian Institute of Mental Health and Neuro-Sciences (NIMHANS), Bengaluru
- National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru

M.Phil. in Clinical Psychology:

- University of Delhi
- Tata Institute of Social Sciences (TISS), Mumbai

Ph.D. in Clinical Psychology:

- University of Delhi
- Tata Institute of Social Sciences (TISS), Mumbai

Counseling Psychology

M.A. in Counseling Psychology:

- University of Delhi

- Tata Institute of Social Sciences (TISS), Mumbai

Diploma in Counseling Psychology:

- Indian Institute of Mental Health and Neuro-Sciences (NIMHANS), Bengaluru

Certificate Courses:

Cognitive Behavioral Therapy (CBT):

- Indian Institute of Mental Health and Neuro-Sciences (NIMHANS), Bengaluru
- Tata Institute of Social Sciences (TISS), Mumbai

Neuropsychology:

- National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru

Trauma Counseling:

- Tata Institute of Social Sciences (TISS), Mumbai

Family Therapy:

- Indian Institute of Mental Health and Neuro-Sciences (NIMHANS), Bengaluru

Postgraduate Diploma in Integrated Clinical Hypnotherapy:

- Indian Mental Health and Research Centre



- By **Smita Vikhankar (Mo. 95525 97395)**

Founder, Yaan Solutions - an organisation with psychometric assessments, Career counselor, Life coaching. ICF certified coach and licensed Emotional Intelligence Practitioner.
 web : www.yaansolutions.com

